

Work Ex Internships

Experience Your Next Career



What is Work Ex?

- 4+ week hands-on training opportunity
- On-site training leads to guaranteed interview with host site or other business partner
- Opportunity tailored to introduce job seeker to industry requirements
- Stay within your field of expertise or participate in an internship into a brand new field
- Over 75 employers as well as numerous State agencies are partners
- Fast-track your transition out of active duty into a civilian career
- Work Ex is an approved Career Skills Program (CSP)

Eligibility requirements:

- Transitioning service members within 180 days prior to ETS/Retirement
- Military spouses of active duty service members, at any point during service (eligibility while active is not based upon service member separation) or within 180 days post ETS/Retirement
- Must be pursuing full time employment
- Must apply to and be accepted into the program
- You must be within 180 days to be placed into a Work Ex

How to find an internship:

- Develop an opportunity at a business
 - Meet with Work Ex Team to discuss opportunity
 - Business team will verify if business meets eligibility requirements
 - Business decides yes/no to participate and move forward
- The Business Team presents candidate an available opportunity with a current Work Ex employer
 - If interested, the Business Team presents resume to the business to see if they are interested
 - Business will decide if they wish to interview candidate and offer internship

How to get started:

- Email JBLM@PacMtn.org, the subject should read: I have attended the CSP and Work Ex Briefing on (insert date)
- request an intake appointment and provide the following information:
 - Resume
 - ETS/Retirement date (does not apply to spouses)
 - Industry and/or company(s) you are interested in
 - If you have already developed an opportunity, please include this information
- You will receive a response within 72 hours
- If you are within your window you will be scheduled for an initial screening; appointments are scheduled based upon ETS date, area of interest and business needs
- Next steps will be provided at the conclusion of the appointment